



Dr. Megan Lavado, Psy. D.
LICENSED PSYCHOLOGIST

Dr. Megan Lavado, Psy. D.

Is a clinical psychologist specializing in the assessment of autism, ADHD, learning disorders, intellectual disability, mood disorders and a range of psychiatric disorders. Evaluations are conducted for diagnostic clarity to guide treatment, intervention and accommodations. Dr. Lavado provides you with an accurate clinical diagnosis and is dedicated to offer detailed recommendations helping you succeed and reach your highest potential.

Dr. Lavado's convenient four step evaluation process is designed to enhance you or your child's quality of life.

STEP 1: Initial Appointment

- Collect basic information and address patient concerns.
- Administer psychological evaluation.

STEP 2: Diagnostic Evaluation Continued

- Complete psychological testing.

STEP 3: Scoring

- Score and analyze testing protocols.
- Write a personalized final diagnostic report.

STEP 4: Feedback Session

- Review results with the patient.
- Discuss recommended treatment options.
- Provide referrals of trusted medical professionals.



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**AUTISM, ADHD, PSYCHOEDUCATIONAL
AND PSYCHOLOGICAL EVALUATIONS**



**ONE
DIAGNOSIS
CAN LEAD TO A
LIFETIME
OF SUCCESS**

Contact our office today to learn more about Dr. Lavado's services.

In-office or telehealth appointments available.

Insurances accepted: Aetna, Cigna, Humana, Optum, UMR and Tricare

SCHEDULE AN APPOINTMENT

Visit us at DrMeganLavado.com to learn more and to schedule your consultation today.

- (305) 697-8997
- drmeganlavado.com
- 800 SE 4th Ave., Suite 816B
Hallandale, FL 33009
- (305) 517-5377

When should you schedule an evaluation?

We advise scheduling an **ADHD evaluation** if you or your child demonstrate the following symptoms:

- Difficulty sustaining attention
- Easily distracted or often fidgets
- Often does not follow instructions and fails to complete work or responsibilities
- Difficulty organizing tasks and activities
- Lacks attention to details or makes careless mistakes
- Appears not to listen when spoken to directly
- Avoids, dislikes, or is reluctant to engage in tasks that require sustained attention
- Often loses things necessary for tasks or activities
- Forgetful in daily activities
- Often does not stay seated in situations when remaining seated is expected
- Hyperactivity
- Difficulty engaging in quiet activities
- Talks excessively
- Blurts out an answer before a question has been completed
- Difficulty waiting his or her turn
- Interrupts or intrudes on others

Results of an ADHD evaluation:

Diagnosis can lead to academic or occupational accommodations, therapy to improve attentional deficits, and medication management if necessary.

We recommend scheduling an **autism evaluation** with Dr. Lavado if you or your child is demonstrating any of the following symptoms:

- Usually does not respond to their name being called
- Rarely shows enjoyment or their interests with you
- Limited back and forth conversation
- Minimal imitation or pretending
- Use of others hand as a tool to perform a task
- Limited use of gestures such as pointing or waving
- Limited eye contact or facial expressions
- Limited interest in other children
- Limited imaginative play
- Prefers solitary activities
- Lack of cooperative play, parallel play only
- Repetitive speech or vocalizations
- Hand-flapping, finger-flicking, rocking, spinning or toe-walking
- Repetitive use of objects such as spinning wheels or lining up toys
- Develops routines and gets upset over unexpected change
- Difficulty with transitions
- Very focused on or attached to unusual objects
- Excessive interest in objects or activities
- High tolerance for pain
- Does not like to be touched by certain textures
- Covers ears in response to loud noises
- Close visual inspection of objects
- Fixated on moving objects like fans or running water
- Smells or licks objects
- Refuses to eat certain foods because of the texture

Results of an autism evaluation:

Early detection and early intervention can potentially lead to improvements in cognitive, social, language, and behavioral functioning.

A **psycho-educational evaluation** is recommended if you or your child is struggling academically. This type of evaluation will identify a learning disorder such as:

- Reading Disorders (Dyslexia)
- Math Disorders
- Written Expression Disorders

Results of a psycho-educational evaluation:

A psycho-educational evaluation may provide eligibility for an Individualized Education Plan (IEP) to receive special education services, as well as accommodations for standardized tests or the workplace, if indicated.

A **psychological evaluation** is recommended if you or your child experience any of the following:

- Anxiety
- Depression
- Bipolar Disorder
- PTSD
- Conduct Disorder
- Eating Disorders
- Oppositional Defiant Disorder
- Obsessive-Compulsive Disorder
- Schizophrenia

Results of a psychological evaluation:

Psychological evaluations are used to help diagnose and clarify concerns regarding behavior, personality traits, mood, emotional functioning, and thought processes to help assist in formulating a treatment plan.